

Anchoring Force Plate from the Top

IMPORTANT: READ ALL INSTRUCTIONS BEFORE PERFORMING TASK

1. Remove the four M8 bolts located on top surface of the force plate, using the 6 mm hexagonal wrench (supplied for top mounting of force plate).
2. Position force plate such that the anchor points align with the corresponding four threaded inserts on the mounting plate.
3. Insert the 6 mm hexagonal wrench to the anchor point holes, as shown above. There is a spring-loaded M8 bolt in each anchor point, which sticks out from the bottom of the force plate when pushed with the hexagonal wrench.
4. Using the hexagonal wrench tighten the M8 bolts into the inserts on the mounting plate. The threaded holes in which the four bolts are mounted can also be used to attach M8 eyebolts to lift and move the whole plate.

